

Lutheran Family Services

AmeriCorps Position Description

Host Site: Lutheran Family Services	Location: Bellevue
Position Title: At Ease Peer Support	Effective Date: November 2011
Stipend: AmeriCorps Half Time	Reports to: AmeriCorps Manager

LFS Mission Statement: Lutheran Family Services expresses God's love for all people by providing quality human care services that build and strengthen individual, family and community life.

LFS Values: Respect all people, families and communities. The pursuit of excellence is achieved through the education of staff and the celebration of diversity, collaboration and change. Integrity, accountability and teamwork are values that guide our communication and work in a manner that upholds the Agency's reputation and Christian value base.

Position Purpose: Provide a wide range of support services to consumers to assist them in regaining control over their own lives and their own recovery process.

- Essential Position Duties:**
- Assist in the development and maintenance of a recovery-oriented environment by providing any of the following services to consumers; model good communication skills, recovery-oriented living skills, effective coping skills and self-help strategies.
 - Assists consumers in maintaining self-care needs.
 - Orient new consumers to their mental health team.
 - Develop and maintain a supportive relationship with consumers. Refers consumer to clinical staff when consumer appears to be struggling with coping skills, boundaries or treatment issues.
 - Facilitate structured support groups such as Vets-4-Vets, Wellness Recovery Action Planning (WRAP) and others as directed.
 - Independently facilitate structured skill training groups, such as social skills, assertiveness, anger management, problem-solving skills, etc.
 - Provide a liaison to community resources, and assist consumers in using these resources to enhance their independent living skills.
 - Provide telephone support to consumers through a "warm-line" service in non-emergency situations.
 - Stay abreast of the recovery and psychosocial rehabilitation literature by on-going reading and attendance at appropriate trainings.
 - Maintain active involvement in the further development of peer supports services with-in the At Ease Program

- Position Requirements:**
- U.S. Citizen or Legal Permanent Resident
 - High School Diploma or GED
 - Driver's license, good driving record, and current insurance
 - Experience or knowledge working with PTSD
 - Military experience in the form of being in the military, having a loved one who has been in the military, or working with military families
 - Strong interpersonal and verbal/written communication skills
 - Must be flexible to scheduling time regarding evenings and weekends
- Criminal history, child abuse registry, adult abuse registry, sex offenders registry, FBI Fingerprint, Department of Motor Vehicles records checks will all be completed prior to offer of enrollment.*
- Hiring Manager Signature _____ Date _____
- Member Signature _____ Date _____
- Director Human Resources _____ Date _____

The above statements are intended to describe the general nature and level of work being performed by individuals assigned to this position. They are not intended to be an exhaustive list of all responsibilities, duties, knowledge, skills, and abilities required of individuals so classified. Reasonable accommodations may be made to enable individuals with disabilities to perform essential job duties and responsibilities.