

What is Community Support?

If you know someone suffering from a Severe and Persistent Mental Illness (SPMI) and they have long-term psychiatric needs, they can receive long-term help through Lutheran Family Services of Nebraska's Community Support Program.

Community Support workers will help individuals find ways to live as independently as possible in their community. We help individuals achieve stability within their community, improve personal and community functioning, enhance skill development, and increase residential stability and other skills.

Community Support staff work closely with psychiatrists and therapists to best serve those in need of these services.

 **Lutheran Family Services**
of Nebraska, Inc.

Community Support office location

120 South 24th Street, Suite 100
Omaha, NE 68102
(402) 342-7007
Fax (402) 661-7117

www.lfsneb.org

*Program is funded in part or in whole with State
and/or Federal funds.*



Accredited by the
Council on Accreditation

Community Support



Helping those with
long-term psychiatric needs
live independently

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Participation will:

- Enhance ability to function independently
- Facilitate transition from a hospital to the community when possible
- Help access appropriate services to maintain community living and to increase self-responsibility
- Decrease the frequency and duration of hospitalization
- Maximize self-responsibility for medications and psychiatric appointments
- Help coordinate all services necessary for successful community living
- Promote long-term and stable community living

Our specialists will:

- Assess community living needs, develop an individual service plan and update it as often as necessary
- Meet with individuals on a regular basis in the community
- Assist in identifying and accessing financial resources
- Advocate and assist in developing skills to obtain mental health services, medical and dental care, and other services
- Provide and/or help arrange training for successful community living such as cooking, budgeting and housekeeping
- Assist in working with treatment staff in case of hospitalization, and then work to facilitate their return to community living
- Participate in case conferences and service planning
- Provide resources for medical and psychiatric needs
- Help find permanent housing
- Assist with obtaining Health & Human Services food stamps, General Assistance, Social Security and Disability benefits

Eligibility Requirements

- Reside in Douglas, Sarpy, Cass, Washington or Dodge County in Nebraska
- Be 19 years of age or older
- Diagnosed as having a Severe and Persistent Mental Illness (SPMI) with moderate symptoms (GAF 31-60)
- Exhibit a high risk of relapse of a psychiatric crisis and a moderate risk of harm to themselves or others
- Exhibit a moderate to high need for external professional structure to manage symptoms and to maintain a stable living arrangement in their community
- Have a stabilized condition so that daily intervention or contact is not required

Financial Eligibility

Lutheran Family Services and Region 6 will determine fees for participants on an individual basis. This program is free of charge to those who qualify.

To enroll or for more information:

Please contact our Community Support specialists at (402) 342-7007. To be referred to this program, a referral form must be completed by a social service professional. Social service professionals can fax referrals to (402) 661-7117.