

The Employee Assistance Program is an employee benefit provided by the City of North Platte through Lutheran Family Services of Nebraska.

Lutheran Family Services
of Nebraska, Inc.

When you feel overwhelmed by work, family, and personal issues, call us. We are here for you.

532-0587

www.lfsneb.org

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Lutheran Family Services
of Nebraska, Inc.

Service Location

Clifford L. Johnson Center
for Healthy Families
120 East 12th Street
North Platte, NE 69101
(308) 532-0587
Fax (308) 532-0653
www.lfsneb.org



Accredited by the
Council on Accreditation



Lutheran Services in
America Member

Employee Assistance Program



**Making life work
for you and your family**

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Life can be difficult. Everyone experiences problems such as grief, stress, family struggles, financial difficulty, and drug or alcohol abuse that affect how they function at work and home.

Lutheran Family Services' Employee Assistance Program is available to you and your immediate family to address such issues. A professional counselor will help you assess your situation, identify solutions, and connect you with community resources if needed.

Lutheran Family Services can help with:

- Stress or burnout
- Marriage and family problems
- Relationship conflicts
- Work-related issues
- Parenting
- Financial and legal concerns
- Managing stress and change
- Substance abuse issues

Free Initial Consultation and Referral Services

The Employee Assistance Program is a benefit purchased by your employer for your use. You are not charged for the initial consultation and referral services. If you require additional assistance outside of Lutheran Family Services, your benefits coverage and ability to pay are taken into consideration by the agency to which you are referred.

The Process

- Lutheran Family Services staff will arrange for you to receive the most appropriate services to address your concern
- A professional counselor will help clarify your concern and identify options for resolving the issue
- You and your counselor will develop a plan of action for taking the next step toward resolving your concern
- If you need additional assistance, you will be referred to other qualified community resources

Confidentiality

No one will ever know you called Lutheran Family Services unless you tell them. Your information will not be given to your employer or anyone else unless you give us specific written permission. We follow the strictest standards to protect your privacy.

Lutheran Family Services abides by all state and federal laws governing confidentiality.

We are a phone call away

Call us at 532-0587. We are here for you. In case of emergency during weekends or after hours, please call the Alegent Immanuel Mental Health Service at (800) 523-7294.

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