

Our Mission

To reduce the incidence, trauma and secrecy of child sexual abuse by providing professionally guided self-help groups for child victims, adult victims and their families.



A program of Lutheran Family Services of Nebraska, Inc.

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 **Lutheran Family Services**
of Nebraska, Inc.

www.lfsneb.org

*LFS is accredited by the Council on Accreditation
and is a United Way Affiliate*



Lutheran Family Services
of Nebraska, Inc.
Parents United Against Child Sexual Abuse
120 South 24th Street, Suite 100
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PARENTS UNITED

Against Child Sexual Abuse



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Who We Are & What We Do

Parents United offers support groups to anyone affected by child sexual abuse. Adults served by Parents United include adults molested as children, non-offending parents, offenders and people who support any of the above such as partners, parents or siblings. Daughters and Sons United, a program of Parents United, serves both primary and secondary child victims such as the victim's siblings. Children in these groups must be between 8 and 18 years old.

Groups for children are free and adult groups are offered at \$12 per 12-week cycle. It is the belief of Parents United that everyone deserves help and cost should never be a barrier.

Groups run in 12-week cycles with new cycles starting throughout the year.

Additional Services

Parents United welcomes invitations to speak to groups about child sexual abuse and has a commitment to community awareness and public education.

Requirements

Adults

- Must be at least 19 years of age.
- Must be active in individual, couples or family therapy throughout their involvement with Parents United.
- Comply with all court orders and legal obligations regarding the sexual abuse and its consequences.

- Sign releases allowing communication between Parents United Staff and group facilitators and other involved professionals.
- Attend group regularly.
- Attend group sober and free of illegal drugs.
- Contribute to group safely and appropriately.
- Schedule and attend an initial screening interview.
- All incest offenders must be in or have graduated from sex offender specific treatment and be referred by their therapist.

Children

- Must be between 8 and 18 years old.
- Must be active in individual or family therapy throughout their involvement with Daughters and Sons United.
- Guardian must sign releases allowing communication between Daughters and Sons United Staff and group facilitators and other involved professionals.
- Attend group regularly.
- Attend group sober and free of illegal drugs.
- Contribute to group safely and appropriately.
- Guardian must schedule an initial screening interview. Child's participation in a face-to-face interview is preferred.

Meeting Dates & Times

Parents United adult support groups meet Tuesdays from 7:00—9:00 p.m.

Daughters & Sons United children's support groups meet Wednesdays from: 5:45—7:00 p.m.

Groups run in 12-week cycles throughout the year. New members are allowed to join groups at the start of the cycle. Cycles start in February, May, August, and November. Please call the Coordinator for specific dates.

Note: The locations of the groups are not published except to caretakers, child protective service workers, facilitators and group members (after they have gone through the intake process) to protect the individual group members. For planning purposes, know that these groups are held in the downtown Omaha area.

