



# NEEDED ITEMS



## FOOD ACCESS SITE



Lutheran  
Family Services  
of Nebraska, Inc.

### MEAT

- Beef
- Halal\* Beef
- Chicken
- Halal\* Chicken
- Halal\* Lamb
- Shrimp
- White Fish

### PRODUCE

- Apples
- Oranges
- Garlic
- Ginger
- Grapes
- Bell Peppers
- Jalapeño Peppers
- Lemon
- Limes
- Onions
- Parsley
- Potatoes
- Tomatoes

### DRINKS

- Coffee
- Orange Juice
- Tea

### FROZEN

- Green Beans
- Lima Beans
- Mixed Vegetables
- Spinach
- Okra
- Stir Fry Vegetables

### SPICES AND BAKING ITEMS

- Black Peppercorns
- Butter
- Cayenne Pepper
- Chili Powder
- Cinnamon
- Cooking Oil
- Coriander
- Cumin
- Eggs
- Flour
- Fufu flour
- Hot Sauce
- Lemon Juice
- Lemon Grass
- Pepper
- Salt
- Sugar
- Turmeric

### NON-FOOD ITEMS

- Diapers (all sizes)
- Bar Soap
- 2-in-1 Shampoo and Conditioner
- Deodorant
- Disposable Razor
- Tooth Brush
- Tooth Paste
- Toilet Paper
- Feminine Sanitary Pads

### OTHER

- Basmati Rice
- Crackers
- Dates
- Spaghetti Noodles
- Spaghetti Sauce
- Tomato Paste
- Tomato Sauce
- White Rice
- Sensitive Baby Formula
- Chili Paste
- Ramen
- Fish Sauce
- Hot Sauce
- Jasmine Rice
- Lentils
- Oyster Sauce
- Rice Noodles
- Salt
- Shrimp Paste
- Small Red Dried Chilies
- Soy Sauce
- Dried Chickpeas
- Dried Black Eyed Peas
- Dried Mung Beans
- Dried Black Beans
- Dried Pinto Beans
- Dried Navy Beans
- Naan
- Pita bread
- French bread

### WE CANNOT ACCEPT:

- Pork items
- Sliced / sandwich bread
- Items containing gelatin

\*'Halal' means the food is specially blessed for the Islamic faith.

To make a donation, please contact  
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