



FOUNDATIONS OF SEXUAL ABUSE:

# ASSESSMENT AND TREATMENT FOR YOUTH WHO SEXUALLY HARM

## — One Day Training —

**The RSafe® Foundations** conference is a one-day training workshop designed to provide intensive education to community stakeholders and providers regarding child sexual abuse, problematic sexual behaviors, and the RSafe® treatment model. During this workshop, participants gain advanced knowledge about trends in child sexual abuse and problematic sexual behaviors, signs and impacts of these behaviors and abuse, and factors contributing to cycles of problematic behaviors and abuse. Participants learn about evidence-based therapies and reparation activities used to treat families who have been impacted by problematic behaviors and are introduced to the RSafe® model.

This workshop targets stakeholders who are likely to be involved when families seek help for dealing with problematic behaviors or abuse, including partners like law enforcement, law makers who can influence policy and mental health resources, and mental health or child welfare providers. The workshop helps them understand the RSafe® treatment approach and to build higher-level knowledge about problematic sexual behaviors, but does not train participants in RSafe® model delivery.

This training will provide 5.5 CEUs for mental health professionals that are considered criminogenic hours approved by the Nebraska Department of Juvenile Probation.



## SCOTTSBLUFF

— Nebraska —

**JULY 26, 2019**  
**9 a.m. to 4 p.m.**

 **Lutheran Family Services**  
of Nebraska, Inc.

**Western Nebraska Community College**  
Harms Center  
2620 College Park  
Scottsbluff, NE 69361

**Any questions? Contact:**  
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As required by HHS appropriations acts, all HHS recipients must acknowledge Federal funding when issuing statements, press releases, requests for proposals, bid invitations, and other documents describing projects or programs funded in whole or in part with Federal funds. Recipients are required to state (1) the percentage and dollar amounts of the total program or project costs financed with Federal funds and (2) the percentage and dollar amount of the total costs financed by nongovernmental sources.

## Agenda

One Day Training:

8:30 – 9 a.m.	Registration and Continental Breakfast Provided
9 – 9:15 a.m.	Introductions and The Web of Life
9:15 – 9:45 a.m.	Putting the Puzzle Together: Child on Child Sexual Abuse in the Family
9:45 – 10:15 a.m.	Respect for the Client and Family
10:15 – 10:30 am	BREAK
10:30 – 11 a.m.	Understanding Problematic Sexual Behavior
11 – 11:30 a.m.	Supervision, Privacy Rules and Safety Plans
11:30 – 12 p.m.	Sexual Health and Technology
12 – 1 p.m.	LUNCH (provided)
1 – 2 p.m.	All About Assessments
2 – 2:30 p.m.	Four Sources of Trauma for Youth with PSB
2:30 – 2:45 p.m.	BREAK
2:45 – 3:30 p.m.	Accountability and Reparation
3:30 – 4 p.m.	Conclusion and Stories of Hope

*This training is provided by Lutheran Family Services of Nebraska's RSafe® Program in collaboration with Nebraska System of Care.*

 UNIVERSITY OF NEBRASKA AT OMAHA  
GRACE ABBOTT  
SCHOOL OF SOCIAL WORK

Nebraska Behavioral Health  
**System of Care**