DESTINATION: CARE

Owning Our Place in the Community.

Health 360

Lutheran Family Services of Nebraska, Inc.
MAKING COMPREHENSIVE CARE ACCESSIBLE TO EVERYONE

WE'RE HELPING THOUSANDS OF PEOPLE RISE OUT OF POVERTY, REALIZE THEIR POTENTIAL AND FIND HEALING.

Lutheran Family Services (LFS) responds to the needs of the community and provides crucial services for people when they need it most.

The number of people working full-time and yet are still living in poverty has doubled during the last 10 years in Lincoln.

15.1% Percentage of LINCOLN RESIDENTS WHO LIVE IN POVERTY
More than 1 in 10 Lincoln residents live in poverty.

43% In some Lincoln neighborhoods, NEARLY HALF OF RESIDENTS LIVE IN POVERTY.

Lincoln has experienced a steady rise in poverty rates, including a “suburbanization” of poverty.

As recently as 2017, 40 of 70 census tracts (58%) showed AT LEAST 10% OF OUR RESIDENTS LIVING IN POVERTY.
That’s up from 18 tracts (36%) in 1980.

A “tract” represents a geographic region defined for the purpose of taking a census. The number of people within a tract can vary.

Source: Place Matters More than Ever 2017, Community Health Endowment of Lincoln

Learn about how you can support our efforts to eliminate poverty — right here in Lincoln — inside.
A BIG STEP TOWARD REACHING OUR DESTINATION

OUR DEDICATED, PROFESSIONAL STAFF IS COMMITTED TO HELPING COMMUNITY MEMBERS OVERCOME OBSTACLES AND FIND A BRIGHTER TOMORROW.

In 2016, we moved into our center at 23rd and O Street and began a new era of caring collaboration in Lincoln. Our one-of-a-kind facility, LFS/Health 360, is known as a vital health services destination in this community.

Located in one of the city’s most challenged neighborhoods, our facility is truly a model of how a community should care for its neighbors in need. LFS/Health 360 serves everyone regardless of financial resources. We give hope to people, we support parents and children, and we provide medical care for all in our community.

OUR GOAL:

$8 million

LFS WILL RAISE $8M TO PURCHASE THE LINCOLN CAMPUS AND ESTABLISH A SUSTAINABLE ENDOWMENT, SOLIDIFYING OUR FOOTPRINT IN THE AREA THAT NEEDS OUR SERVICES THE MOST.

Through partner support and the greater community, LFS/Health 360 brings hope to those in need.

With our Federally Qualified Health Center (FQHC) partner, Bluestem Health, as well as our pharmacy partner Genoa Healthcare, and early childhood education partnership with Head Start, we provide integrated care under one roof:

With your generosity, we will meet our goal to call this beautiful, purpose-built facility our own, and ensure we will serve our clients’ needs well into the future.

BLUESTEM HEALTH provides comprehensive services for all ages, including family medicine, general dentistry, behavioral health, addiction and substance use, lab testing, and x-ray services.
23,000+ services were provided in 2018 to underserved neighborhoods by LFS/Health 360.

Requests for integrated care are increasing each year. LFS/Health 360 staff and volunteers provided care and services to thousands of clients in 2018 — and the need is growing.

**CHILDREN’S SERVICES**
Comprehensive pregnancy counseling, maternal health care, adoption, foster care, family education, and support services give more children the opportunity to thrive.

**COMMUNITY SERVICES**
People who have immigrated to America, including people with refugee status, seek LFS/Health 360 out for cultural orientation, education, immigration legal services, employment, and job readiness training. Our staff sets the highest bar for internal cultural competency and we provide interpretation and translation services in more than 30 languages and dialects.

**BEHAVIORAL HEALTH**
Treatment, support, counseling, and education for anyone struggling with mental health, addiction, or sexual abuse mean more people in our community are equipped to live their best lives.

As we look to the future, we must continue to create solutions for urgent and evolving challenges faced by friends and neighbors in need across our community.

**GENOA** is the nation’s largest provider of pharmacy and outpatient telepsychiatry services dedicated to individuals with behavioral health and complex, chronic conditions. The LFS/Health360 Pharmacy is Genoa’s top-producing location in the region.

**HEAD START** provides high-quality early childhood education services to preschoolers (children ages 3 to 5) and their families. Center-based services are provided Monday through Friday at LFS/Health360.
Before I started the Intensive Outpatient Program at Lutheran Family Services, I was in a very difficult time in my life, dealing with anxiety, work stress, sadness and unresolved grief after my father’s passing. I began using alcohol as a coping mechanism and didn’t realize it slowly started taking over my life.

The second I walked in the door at LFS, I was greeted with kindness, empathy and generosity. I felt safe that I was in a place that was judgment-free and quickly learned they were only there to help and had no other intentions.

EVEN AFTER THE FIRST CLASS, I KNEW THAT THIS WAS THE BEST THING THAT HAS EVER HAPPENED TO ME.

CARRIE
LFS/Health 360 Client

WE’RE ENSURING OUR INTEGRATED CARE MODEL IS AVAILABLE FOR GENERATIONS TO COME.

As the needs of the people LFS serves expand and grow, resources must be used as efficiently and effectively as possible.

Your support of LFS/Health 360 positively influences and lifts up those in need – and ultimately lifts our community and our state.

Studies show every $1 that goes toward EARLY INTERVENTION AND PREVENTION yields $7 in savings and services.

$1
$7

Source: National Institute on Drug Abuse

This initiative relies on the support of individuals like you: people who know firsthand the value of community, compassion and comprehensive care for all.

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THANK YOU FOR MAKING THIS CRITICAL CARE POSSIBLE IN OUR COMMUNITY. PLEASE CONTACT US IF YOU HAVE ANY QUESTIONS OR IF YOU WOULD LIKE A TOUR.

Lutheran Family Services of Nebraska, Inc.

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